### Free Call 1800 029 904

#### deas Information on Disability Education & Awareness Services

Everyone needs to be treated fairly in their community - 1800 029 904

ideas Information on Disability Education & Awareness Services

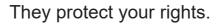
# 动 和 IDEAS can help you find that voice 动 和

# They can get you an advocate:



An advocate is someone who supports and helps you to explain and say what you want.







They help you make decisions and tell people how you feel and what you think.



They can help you speak up for yourself or they can speak for you if that is what you want.



They can help you to make a complaint and try to make sure you are heard.



They can give you information about your rights and help find out what is right for you.



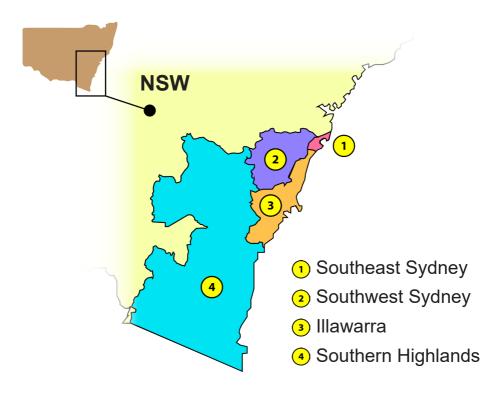
An advocate will always be on your side and no-one else's.





## If you live in the areas below...

We will listen to your story and then we will find an advocate for you.



Not sure? Call us!

Free Call: 1800 029 904 | SMS: 0458 296 602

#### www.ideas.org.au





Do you or someone you know have a disability?



Do you need someone independent to help you make your voice heard?



People with a disability have the right to join in and enjoy life in their community to the full.



Real people, real listening