









## Going to the hospital for surgery - checklist

There can be lots to remember.

Speak up if you are not sure about something.

-  Ask questions.
-  Ask for some more time.
-  Ask to have pictures.
-  Ask to have easy words.
-  Ask for help.
-  Ask a friend to come with you.



A list can help you remember what to do.

You might like to make some lists.





- What to bring to hospital.
- What to do when I go home.
- Who I can call for help.
- Questions you want to ask.



Ask someone to help you with this if you need to.

Who can I ask for more info:



- My Doctor: \_\_\_\_\_  Phone number: \_\_\_\_\_
- The Hospital: \_\_\_\_\_  Phone number: \_\_\_\_\_
- A Friend for help: \_\_\_\_\_  Phone number: \_\_\_\_\_
- A Social Worker: \_\_\_\_\_  Phone number: \_\_\_\_\_

It is ok to get some help if you need it.



## Some of the people you might talk to at the Hospital:

### Surgeon

A special doctor who will do the surgery.



### Nurse

A person who helps take care of you.



### Anaesthetist

A special doctor who gives sleeping medication for the surgery.



### Radiologist

A person who does X-rays.



### Social worker

A person you can talk to about feelings and problems.



### Physiotherapist

A person who helps your body get strong and working well again.



### Care Co-ordinator

A special nurse who helps plan your hospital care.





## Tests at the Hospital

- These help the Doctor find out about your body.
- Speak up if you are not sure what a test is for.

### Some of the tests you might have:

#### Blood test

How healthy is your blood?



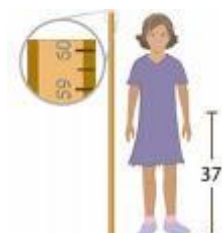
#### Blood pressure test

How strong is your heart pumping?



#### Height

How tall are you?



#### Weight

How heavy are you?



#### Urine (wee) test

What your wee shows about your health.



#### Ultrasound

Seeing inside you with ultrasound machine



#### X-ray

Seeing inside you with an x-ray machine

